



## SVIMJISAMBAND FØROYA

Faroe Islands Swimming Association  
Fédération des Îles Féroé de Natation

Limaskapur/Affiliation:  
Ítróttasamband Føroya (ÍSF)  
Norrøna Svímjísambandið (NSF)  
Ligue Européenne de Natation (LEN)  
Fédération Internationale de Natation (FINA)

Faroe Islands Swimming Association is pleased to invite you to take part in the

# Nordic Age Group Championships 2017



- Date:** 8 - 9 July 2017
- Venue:** Páls Høll, Vágur  
6 x 50m indoor pool
- Address:** Á Oyrunum 17, FO-900 Vágur  
[www.palsholl.com](http://www.palsholl.com)
- Age Groups:** Girls 13-15 years (2002-2004)  
Boys 14-16 years (2001-2003)
- Invited nations:** Denmark, Estonia, Faroe Islands, Finland,  
Iceland, Latvia, Lithuania, Norway, Sweden

In cooperation with





## SVIMJISAMBAND FØROYA

Faroe Islands Swimming Association  
Fédération des Îles Féroé de Natation

Limaskapur/Affiliation:  
Ítróttasamband Føroya (ÍSF)  
Norrøna Svímjísambandið (NSF)  
Ligue Européenne de Natation (LEN)  
Fédération Internationale de Natation (FINA)

### Competition hours

Session 1: Saturday 8 July from 11:00  
Session 2: Saturday 8 July from 17:00  
Session 3: Sunday 9 July from 13:00

Warm-up starts 1.5 hours before the start of each session

It is possible to train in the competition pool on Friday 7 July from 18:00.

### Team managers meeting

Team managers meeting will be held at the swimming pool on Friday 7 July from 18:00.

### Social activity

There will be organized a social activity of around 2 hours duration for all participating swimmers on Sunday evening 9 July from 20:00.

### Competition format, see NSF rules 2.4

Each participating country may enter a maximum of four swimmers in each individual event (50, 100, 200 and 400) and one team in relay events, however only two individual swimmers will count in the team competition. All entries will be seeded by time.

A maximum of two swimmers per country can be entered in 800m and 1500m freestyle unless there are empty lanes. Extra swimmers are to be decided at the team managers meeting. Extra swimmers are selected based on entry times. Extra swimmers in 800m and 1500m free will count in the team competition if their result ranks them in top 8 in the event and top 2 in their team.

Late entries are allowed until the end of the team managers meeting the day before the competition starts.

All relays must be entered with an entry time (sum of four individual times and no withdrawal from relay takeovers).



## SVIMJISAMBAND FØROYA

Faroe Islands Swimming Association  
Fédération des Îles Féroé de Natation

Limaskapur/Affiliation:  
Ítróttasamband Føroya (ÍSF)  
Norrøna Svímjísambandið (NSF)  
Ligue Européenne de Natation (LEN)  
Fédération Internationale de Natation (FINA)

### Order of events

Saturday morning	Saturday afternoon	Sunday morning
1. 800m Freestyle Girls	11. 400m Ind. Medley Girls	23. 400m Freestyle Girls
2. 1500m Freestyle Boys	12. 400m Ind. Medley Boys	24. 400m Freestyle Boys
3. 100m Freestyle Girls	13. 200m Freestyle Girls	25. 200m Backstroke Girls
4. 100m Freestyle Boys	14. 200m Freestyle Boys	26. 200m Backstroke Boys
5. 200m Butterfly Girls	15. 100m Backstroke Girls	27. 100m Breaststroke Girls
6. 200m Butterfly Boys	16. 100m Backstroke Boys	28. 100m Breaststroke Boys
7. 200m Breaststroke Girls	17. 50m Freestyle Girls	29. 200m Ind. Medley Girls
8. 200m Breaststroke Boys	18. 50m Freestyle Boys	30. 200m Ind. Medley Boys
15 minute break	19. 100m Butterfly Girls	15 minute break
	20. 100m Butterfly Boys	
	15 minute break	
9. 4x100m Medley Girls	21. 4x100m Freestyle Girls	31. 4x200 Freestyle Girls
10. 4x100m Medley Boys	22. 4x100m Freestyle Boys	32. 4x200 Freestyle Boys

### Entries

Attached you will find the Preliminary and Final Entry forms. Please return your entry forms to the Faroe Islands Swimming Association, e-mail [ssf@ssf.fo](mailto:ssf@ssf.fo)

Preliminary Entry / Booking:	14 April 2017
Reservation Payment 50%:	1 May 2017
Final Entry / Booking / Entry by Name:	23 June 2017
Final Payment:	30 June 2017

### Accommodation

The accommodation will be organized by the tourist information centre in Vágur, see [visitsuduroy.fo](http://visitsuduroy.fo)

The packages include accommodation for three nights (Friday to Monday), dinner on Friday evening, breakfast, lunch and dinner on Saturday and Sunday, and breakfast option on Monday morning.

The pool is within walking distance from especially the cottages (appr. 1 km), but we still plan to also offer a free shuttle bus service between the pool and the main dining hall in central Vágur.



## SVIMJISAMBAND FØROYA

Faroe Islands Swimming Association  
Fédération des Îles Féroé de Natation

Limaskapur/Affiliation:  
Ítróttasamband Føroya (ÍSF)  
Norrøna Svímjísambandið (NSF)  
Ligue Européenne de Natation (LEN)  
Fédération Internationale de Natation (FINA)

The accommodation is generally a made bed in a cottage, hall or house in Vágur, in rooms ranging from single rooms to dormitories.

Package prices (Friday afternoon to Monday morning)

**Single room: DKK 2700,- per person**

**Twin room: DKK 2400,- per person**

**Dormitory: DKK 2100,- per person**

Transport from airport / train station is not included, teams will take care of their own transport.

Please note that there is suitable public transport from/to Vágur Airport, see [ssl.fo](http://ssl.fo)

Additional accommodation can be arranged, if needed.

The participation federations will receive an invoice after preliminary booking. Invoice is 50% of the total amount. After the final booking, the federations will receive an invoice of the remaining amount.

### The four main lodging facilities are

The [Cottages in Vágur](#) - 10 cottages with room for 6-8 persons each







## SVIMJISAMBAND FØROYA

Faroe Islands Swimming Association  
Fédération des Îles Féroé de Natation

Limaskapur/Affiliation:  
Ítróttasamband Føroya (ÍSF)  
Norrøna Svímjísambandið (NSF)  
Ligue Européenne de Natation (LEN)  
Fédération Internationale de Natation (FINA)

The [House of Matmøðrafelagið](#) - The Womens Organization



The [Scouts House](#) in Vágur





## SVIMJISAMBAND FØROYA

Faroe Islands Swimming Association  
Fédération des Îles Féroé de Natation

Limaskapur/Affiliation:  
Ítróttasamband Føroya (ÍSF)  
Norrøna Svímjísambandið (NSF)  
Ligue Européenne de Natation (LEN)  
Fédération Internationale de Natation (FINA)

[Jomsborg](#) - The House of the Faroese Chain Dance Group in Vágur



Depending on the demand, additional accommodation will be arranged in private homes also, available due to a lot of families going abroad for a football tournament.

### Contact Information

If you have any questions concerning the Nordic Age Group Championships 2017 do not hesitate to contact us.

Djóni Dalsgarð

General Secretary of SSF

Phone: +298 288090

E-mail: [ssf@ssf.fo](mailto:ssf@ssf.fo)



## SVIMJISAMBAND FØROYA

Faroe Islands Swimming Association  
Fédération des Îles Féroé de Natation

Limaskapur/Affiliation:  
Ítróttasamband Føroya (ÍSF)  
Norrøna Svímjísambandið (NSF)  
Ligue Européenne de Natation (LEN)  
Fédération Internationale de Natation (FINA)

# Nordic Age Group Championships 2017

## Preliminary Entry Form

Please return this form as soon as possible and no later than 14 April 2017, to Svímjísamband Føroya / The Faroe Islands Swimming Association, email [ssf@ssf.fo](mailto:ssf@ssf.fo)

### Team

Federation	
Address	
Contact person	
Telephone	
Email	

### Estimated size of the team

Boys	
Girls	
Team staff	
Total	

### Preliminary accommodation booking

Date of arrival	
Date of departure	
Single rooms	
Twin rooms	
Dormitory (persons)	

The number of single and twin rooms is limited, to be distributed fairly among teams if overbooked.



## SVIMJISAMBAND FØROYA

Faroe Islands Swimming Association  
Fédération des Îles Féroé de Natation

Limaskapur/Affiliation:  
Ítróttasamband Føroya (ÍSF)  
Norrøna Svímjísambandið (NSF)  
Ligue Européenne de Natation (LEN)  
Fédération Internationale de Natation (FINA)

# Nordic Age Group Championships 2017

## Final Entry Form

Please return this form as soon as possible and no later than 23 June 2017, to Svímjísamband Føroya / The Faroe Islands Swimming Association, email [ssf@ssf.fo](mailto:ssf@ssf.fo)

### Team

Federation	
Address	
Contact person	
Telephone	
Email	

### Final size of the team

Boys	
Girls	
Team staff	
Total	

### Final accommodation booking

Date of arrival	
Date of departure	
Single rooms	
Twin rooms	
Dormitory (persons)	

The number of single and twin rooms is limited, to be distributed fairly among teams if overbooked.